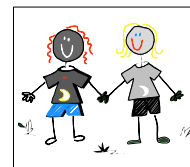
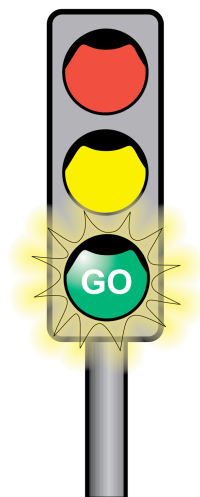


Information and advice from:



**Early Development and
Inclusion Team**
Supporting Inclusion at the
Early Years Foundation Stage



*Ready,
steady
...Go*

Learning to stop, wait and anticipate are an important part of social communication.

- Playing 'Ready, steady ...go' games are a great way to support these skills with your child.
- Try 'Ready, steady...go' with these simple activities:
 - Building towers with bricks or stacking cups and knocking down
 - Rolling a ball to each other
 - Blowing bubbles
 - Rolling a ball or car down a ramp
 - Blowing up a balloon then releasing it
 - Pushing on a swing
- Pause briefly after 'steady'; can your child wait?
- A prompt, such as, 'wait' with a hand gesture, will help your child learn to wait and anticipate what's coming.
- Always praise 'Good waiting' even if it's only for a few seconds!