

Health and Wellbeing Annual Conference

Health and Wellbeing in West Berkshire:
Creating Resilient Communities

31 January 2023 – 2pm to 5pm



Stalls Marketplace and Pre-Conference Slideshow		13:30 – 14:00
Welcome	Cllr Graham Bridgman Health and Wellbeing Board Chairman	14:00 – 14:05
Integrated Care System Overview and Strategic Priorities	Sarah Webster Executive Director for Berkshire West Place, BOB Integrated Care Board	14:05 – 14:25
Cost of Living Support	Sean Murphy Public Protection Manager, West Berkshire Council	14:25 – 14:45
Coping with Financial Pressures	Isabel Esperança Chief Officer, Citizens Advice West Berkshire	14:45 – 15:05
Q&A Session #1		15:05 – 15:25
Break		15:25 – 15:40
Food Poverty	Prof Tracy Daszkiewicz Director of Public Health for Berkshire West	15:40 – 16:00
Mental Health	Dr Sarah Rayfield Public Health Consultant, Department of Health and Social Care	16:00 – 16:20
Grant Funding	Chris Boulton Chief Executive, Greenham Trust	16:20 – 16:40
Q&A Session #2		16:40 – 17:00
Conference Close	Cllr Graham Bridgman Health and Wellbeing Board Chairman	17:00
Stalls marketplace		17:00 – 17:30