

# CYPIT West Children's Physio – Autumn 2024

NB. Dingley / MSk RBH provide Physio for children whose primary need is orthopaedic / musculoskeletal / chronic pain and fatigue

## Universal offer (no referral needed)

Contact CYPIT for queries in relation to Physiotherapy on **0300 365 4000** and then select:

- [Option 1](#) for Reading
- [Option 2](#) for Newbury
- [Option 3](#) for Wokingham

Website with advice leaflets and links to useful sites  
Berkshire Healthcare Foundation Trust Web page:  
[CYPIT advice and support pages](#)

Online Training videos for special school staff

Triage Telephone calls to parents and signposting to local services

All children will be **transferred** to a universal level when no further new advice or assessment is needed, and their needs are well supported by those around them

The CYPIT physiotherapy team in West Berkshire support children from birth to 18 years old with a neurodevelopmental diagnosis or presentation. School age children with a final EHCP need to be **attending / on roll at a Local Authority school**

The referral form can be found on our website: [Make a referral to the children, young people and families service in Berkshire](#)

All referrals are triaged by the physiotherapy team. If the CYPIT physiotherapist agrees that the referral is appropriate; assessment and/or intervention will take place within school or clinic within 18 weeks. Following this; a Therapy Plan is provided to allow school staff / parents to carry out specific activities and recommendations.

## Targeted offer

Online Training videos for special school staff

**Integrated training package** for supporting children with complex and multiple physical, communication and/or sensory needs.

Online advice sheets and resources on:  
[Gross Motor Skills | Children Young People and Families Online Resource](#)  
([berkshirehealthcare.nhs.uk](http://berkshirehealthcare.nhs.uk))

**Bespoke** training to staff/parents to support individual child and enable self management

Demonstration sessions or coaching for school staff

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Intervention will be offered according to clinical need.

## Specialist offer

Specialist assessment, advice and intervention where required including contributing to the EHCNA process

Contribution to annual reviews of EHCP as required

Reports/Therapy plans  
Co-produced with families and key people supporting a CYP, providing long/short term goals, aspirations, impact and detailing next steps

Joint working with other therapies e.g. SALT and Occupational Therapy service as required

Multiagency meetings/ assessment / liaison with other professionals, including safeguarding meetings and tribunals

Specialist Advice from Advanced Therapists

Assessment and recommendations for some specialist equipment

Training to support delivery of Therapy Plans provided to teaching staff & parents

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Children can move between targeted and specialist provision depending on need, as assessed by the Physio.

Autumn 2024

From year 9 – support preparation for adulthood

Delivery of Physiotherapy provision as per EHCP in mainstream and special schools across Berkshire West.